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Signed:

Peter K. Trzyna (Reg. No. 32,601)

Date: January 24, 2005

PATENT

Paper No.

File: Hinne-P3-01

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

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Inventor	:	Michael Hinnebusch
Serial No.	:	10/015,866
Filed	:	12 December 2001
For	:	SYSTEM AND METHOD TO IMPROVE FITNESS TRAINING
Group Art Unit	:	3629
Examiner	:	NELSON, Freda Ann

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Honorable Commissioner of Patents  
and Trademarks  
Washington, D.C. 20231

### AMENDMENT AND RESPONSE

SIR:

In response to the Office Action mailed 22 September 2004 in the above-referenced patent application, please enter the following amendment and reconsider the application in view of the amendment and the remarks set forth below.